

DON'T LET WHAT YOU CAN'T DO, STOP YOU FROM DOING WHAT YOU CAN DO. - JOHN WOODEN

Bay Island Early Learning & Care

MAY
2021

ON *this* MONTH

At Bay Island Early Learning and Care

May Dates

Play outside day 1st

Composting Awareness Week 2nd - 8th

Labour Day 3rd - Public Holiday

Mother's Day Morning Tea 10am 6th

Migratory Bird Day 8th

Mother's Day 9th

National Families Week 15th - 21st

World Turtle Day 23

National Sorry Day 26th

A Message from the office:

Hello Families,

Our Centre has gone through "Assessment & Rating". A key focus of the National Quality Framework is to promote continuous quality improvement.

Have your children outgrown their clothes? If so, we would gladly take them off your hands. We are replenishing our stock of spare clothes to be used on those days we have water play at our centre!

Finally, we would like to remind our families to keep fees two weeks in advance at all times. Any queries regarding your account, please do not hesitate to contact Tracee who will be able to assist you further.

Keep in touch on Facebook



Bay Island Early Learning and Care

May Birthdays:

Omelia, Jasper,
Miss Emmy Lu & Miss Budi

Child Safety Tip	Community Links
<p style="text-align: center;">Play, toys and equipment</p> <p>Toys are fun, and important for children’s development but badly made or age-inappropriate toys can cause injuries. Always select sturdy, age-appropriate toys that comply with the Australian standards. It may also be helpful to keep an eye on product recalls and safety alerts.</p> <p>Parents should always:</p> <ul style="list-style-type: none"> • check toys and equipment regularly for sharp edges, splinters and loose parts. • ensure that the surface under climbing frames and swings is soft. • toys for young children should not have small loose parts that can be broken off and swallowed. • store toys for play at a low level so the children can reach them easily without the need to climb 	<p style="text-align: center;">BIMSARA</p> <p>Bay Islands Multi Sport and Recreation Association Inc. - BIMSARA. Our mission is to provide support, leadership, co-ordination & facilitation of sport, recreation activities & events to the entire SMBI community.</p> <p style="text-align: center;">Email: info@bimsara.org.au</p> <div data-bbox="1107 539 1273 712" data-label="Image"> </div>
Sustainability at Home	Sustainability in the Service
<p style="text-align: center;">Non-toxic house hold cleaners.</p> <div data-bbox="199 936 694 1408" data-label="Image"> </div>	<p>How to practice sustainability at childcare centres?</p> <p>Including activities related to gardening, worm farms, composting and providing a more natural environment to children engage them the most. However, these are just a few ones; there can be many such ways to teach sustainability in childcare.</p> <p>Let’s list out a few of the ways for children to engage in sustainability:</p> <ul style="list-style-type: none"> • Within childcare, educators can encourage children to participate in the recycling programs or include them in developing new strategies for recycling materials. • Engaging the students in class discussions about sustainable practices, which might include topics such as dealing with food and scraps left over after the meal times, how and what to do when a garbage bin is full, etc.
Early Years Learning Framework in Action	
<p style="text-align: center;">Learning Outcomes</p> <p style="text-align: center;">1. SECURE, RESPECTFUL AND RECIPROCAL RELATIONSHIPS</p> <p>Educators who are attuned to children’s thoughts and feelings, support the development of a strong sense of wellbeing. They positively interact with the young child in their learning. Research has shown that babies are both vulnerable and competent. Babies’ first attachments within their families and within other trusting relationships provide them with a secure base for exploration and learning. Through a widening network of secure relationships, children develop confidence and feel respected and valued. They become increasingly able to recognise and respect the feelings of others and to interact positively with them. Educators who give priority to nurturing relationships and providing children with consistent emotional support can assist children to develop the skills and understandings they need to interact positively with others. They also help children to learn about their responsibilities to others, to appreciate their connectedness and interdependence as learners, and to value collaboration and teamwork.</p>	

LET'S PLAY HANDBALL

Short simple activities to get some active minutes in the day.

Do you remember this game from Primary School? All you need is a tennis ball and 2 or more connecting squares marked on any hard surface. The typical game requires you to have rallies similar to tennis by batting the ball back and forth, bouncing in your square first.

For this intro let's just see if you can get the ball from one person's square to another. This may be via typical hand batting or gentle throws. Throw the ball so it bounces in your square first and then into your child's. Practise this first and move up to batting from here.

NO-BAKE CHOC COCONUT SLICE



PREP 15 min | COOK 15 min | SERVES 16

INGREDIENTS

- 1 cup (95 grams) rolled [traditional] oats
- 1 cup (80 grams) desiccated coconut, plus extra to serve
- 1 cup (170 grams) almonds (*nut free version replace almonds with an extra 1/2 cup coconut + 1/2 rolled oats*)
- 1/3 cup (35 grams) cacao
- 4 Medjool dates, pit removed
- 1/3 cup (80 ml) coconut oil, melted
- 1/4 cup (60ml) maple syrup
- 1 teaspoon vanilla bean paste [or extract]

METHOD:

Line a 20cm x 20 cm square tray with baking paper. Place the oats, coconut, almonds, cacao, dates, coconut oil, maple syrup and vanilla into the large bowl of a food processor. Blitz until finely chopped. With the motor running add 1-2 tablespoons of water and blitz until the mixture comes together. Pour mixture into the prepared tray, top with a sprinkle of coconut and freeze for 1-2 hours or until set and firm. Cut into 16 squares. Enjoy. X

Recipe and Image from My Lovely Little Lunchbox

Centre Photos

Thursday the 3rd of June 2021



Podcast Reviews

A few of the best podcasts for parents now!



PARENTAL AS ANYTHING

MAGGIE DENT | AUS

Maggie Dent, one of Australia's favourite parenting authors and educators gives you practical tips and answers to your real-world parenting dilemmas. Maggie talks to parenting experts from around the world to find practical solutions to the challenges every parent is facing today.

DAD POD: BEYOND SLEEPING IN

OSHER GUNSBURG & CHARLIE CLAUSEN | AUS

DadPod is a weekly podcast documenting the new Dad adventures of Charlie Clausen and Osher Gunsberg. Not just Dad jokes, two Dads talking unapologetically about what it is to be a parent.

MEANINGFUL LIVING

HAYLEY HUBBARD & JESSICA DIAMOND | USA

Parenting is hard. And the thousands of decisions we're forced to make everyday can feel daunting. Should I listen to my paediatrician, my mother, this website? When am I going to find time to read this 500 page book on feeding? Consider Meaningful Living the "Cliff's Notes" to parenting. Because when you remove the doubt, fear, and stress from everyday parenting choices, you create more time for the fulfilling moments.



PLAY OUTSIDE DAY – MAY 1

What is National Play Outside Day? On the first Saturday of the month, everybody in the nation plays outside. There are no scheduled events or activities, just go outside and do something fun.

NATIONAL SORRY DAY – MAY 26

National Sorry Day is an Australia-wide observance held on May 26 each year. This day gives people the chance to come together and share the steps towards healing for the Stolen Generations, their families and communities. The first National Sorry Day was held on 26 May 1998 – one year after the tabling of the report *'Bringing them Home'* in May 1997. The report was the result of an inquiry by the Human Rights and Equal Opportunity Commission into the removal of Aboriginal and Torres Strait Islander children from their families

A message from our Rooms

Ocean Turtles — What a month we had in April, we focused on celebrating Anzac Day. We completed activities such as collage and Anzac poppies to increase our fine motor skills. The Anzac poppies have been displayed in our room to brighten our space. Through fine motor skill development, children learn to use tools like crayons, chalk, pencils, and scissors. Following on from last month, the children have also been



exploring the island culture. We have explored ocean animals and created their own ocean sensory tray using blue water dye, shredded paper and under water animals. We did this by using teamwork and strengthening our social skills whilst exploring through sensory activities, water play and intentional teaching moments. We look forward to the month of May as we are beginning to read the story of the Hungry Caterpillar and exploring fruits, colours, and the caterpillar's life cycle.

We would also like to say a big THANK YOU to Brit for crocheting the Hungry Caterpillar book characters and foods. The children and educators LOVE IT and we can't wait to use this now and in the future.



Ocean Joeys — This month in the Ocean Room we have explored our environment and learnt about being respectful and how to care for our environment, learning through play and hands on experiences. Introducing the Abecedarian approach - See, Show, Say, we have encouraged conversation and communication between children and educators by setting up outdoor scavenger hunts. Asking the children "can you see the truck?" "can you point to the truck?" can you say truck? The children explored the front yard looking for colourful flowers extending our colour recognition skills. Working together, the children were in small groups starting conversations and investigating their outdoor environment. We encouraged social cooperative play with the children.



Bush — First of all, we would like to welcome our friends Haki, Casey and Jacob into the Bush



Koala Room. All our friends are helping them settle in and making sure their comfortable in their new environment. Last month has been an adventurous journey of identity, extending and strengthening the children's knowledge of self-identity. We created a "look who's here" wall and during morning circle the children place their name tag on the wall. It starts to challenge their name recognition skill getting children to identify their name.

We also created lots of activities involving "Rainbow Day & Anzac Day."

Rainbow Day, is to celebrate colour and all things beautiful about colour. The children made rainbow fruit kebabs using bamboo skewers. We spoke about how healthy different coloured fruit is and how we have to eat the colour of the rainbow to stay healthy. It was great to see our children using their colour recognition as we encouraged exploration of a range of fruits.

The children also learnt about the meaning of Anzac Day and we spoke about how we remember our soldiers and family members who may have or who are serving our Country. Children engaged in an activity for Anzac Day by making their own green handprints and painting red poppies using recycled egg cartons to create a wreath for the dawn service at



Macleay Island Cenotaph at Pats Park. We look forward to the month ahead and the new adventures in the Bush Room.

Rainforest — What a month it has been. Getting past a few interruptions with lock downs and

the rain, has now allowed us to get back to a full class of fun, exploring and learning. The children have shared their talents and our less dramatic children have developed confidence and now the whole class is taking turns to role play characters from The Little Red Hen, The Little Red Hen makes Pizza and The Three Billy Goats Gruff. This interest has led to cooking experiences, math concepts of first, second, third and biggest, middle-sized, and smallest. I am so proud of the children's respect for each other and encouragement for having a go celebrating individual achievements.

Walk-about-Wednesday has been few in between the disruptions but always looked forward to by the children and staff. At the moment we are exploring Corroboree Park, mangroves, the tide and looking out for rubbish, "If you see a piece of rubbish, pick it up".

The children are loving collecting debris (no fresh or animals) from nature and bringing them back for art and playdough. Next month we move towards Tim O'Shea Wetlands and a visit to a Kindergarten families fairy house!!!

May is already here!!

We have come up with some great plans for Mother's Day and are looking forward to creating some treats for the children to take home. We do look forward to hopefully having a lovely morning tea on the 6th of May at 10am with our women of the family. Fingers crossed, no more interruptions and we get to gather. The Rainforest Rangers will be looking forward to our Centre celebration days including Migrating Bird Day, 80's Dress Up and Indigenous Studies.

Until next month – take care.

Light and love

The Rainforest Team



Curlew Cove — What an amazing Vacation Care we had over the April holidays,



jam-packed with a huge variety of engaging activities from art, craft and cooking to sports, dance and drama. Our Vacation Care Program was designed to include activities children chose to do helping to build their independence and encourage their individual personalities to shine through. It was great to meet new children and build meaningful interactions, trusting relationships which engaged and supported each child to feel secure, confident, and included.



I would like to take this opportunity to thank all the children and families for supporting me in my role as Group Leader at the Cove and After School Care over the last few months. I am stepping back from this role and have been given an opportunity to move into new environments within the centre and learn multiple roles. Miss Amber will now take on the roll as the Group Leader at the Cove and most of the children are familiar with Miss Amber who as assisted me at the Cove. I would love for everyone to make her feel welcome!

In the next month, the children will be working on projects to incorporate into the centre for the younger children. E.g: the Ocean Turtles will be continuing to explore the ocean and its animals. The cove children will then make resources for the children to extend on their learning and experiences.



DO YOU COMPOST? START TODAY!



May 2-8 is International Compost Awareness week! ICAW aims to improve awareness of the importance of compost, a valuable organic resource. We can compost to help scrap carbon pollution by avoiding landfilling organic materials and helping to build healthier soils. **Better Soil, Better Life, Better Future.** Learning how to compost isn't difficult, Costsa Georgiadis ICAW ambassador has a very simple video explaining the steps to take to start composting at home. Find the video [her](#)

Enter the **#CelebrateICAW Photo Competition 2021** by sharing how you have supported Compost Week this year by sending a photo **of your compost at home or at work to**



THIS MONTH'S POLICIES THAT ARE CURRENTLY BEING REVIEWED

Our Centre encourages parent feedback when we are reviewing our policies each month. This month we will review the below policies with our families. They will also be at the Centre for viewing, on our website and facebook page where all families are encouraged to read and provide feedback on the forms.

-  Food, Nutrition and Beverage Policy
-  Grievance Policy

Parent Feedback on Policies reviewed this Month

Please complete the section below if you have any comments, suggestions or feedback on the policies we are reviewing each month. Your feedback is valuable to us and is part of continuing improvement plan within our centre. Thank you.

Policy Name:

What I like about the Policy:

What I would like to see changed about the Policy: